

PAUL BRADY,  
*University of Alberta,  
 Edmonton, Alberta.*

## THE BEYOND: THE COUNSELLOR IN FIFTEEN YEARS

My first impression is that I can't imagine there being counsellors, especially counsellors as trained now, in fifteen years. However, perhaps there will be, and I'd like to call them ECSTASY COUNSELLORS; people who will influence people to experience ecstasy by the way they *are* in the world. Projecting ahead fifteen years from now, leisure time will be the prime concern of the day; therefore, time will need to be spent in such a way that a minimum of self and other environmental destructions will occur. Interpersonal relationships will mainly *be* a form of entertainment as opposed to occupational necessity. Forms of communication will have long surpassed the strict verbalization model and will take on a mosaic of non-verbal forms that involve the mystical, spiritual, and bizarre. Man's dimensions of expression will have shifted away from the language of work to the language of play. The language of play will consist more of creative word-nonword-artistic-poetic forms of human sharing-contact-expression. In other words there will be expression for the sake of expression, play for the sake of play, and quite likely work for the sake of work, rather than the contaminated model of work for survival, play-for-rest-for-work-for-survival.

The first quality of the ECSTASY COUNSELLOR that I can think of will be his ability to laugh — laugh a deep belly laugh with a voice that fully lets go and tears that stream down his face — a state of ecstasy. He will have to do a "lot of work" on himself in order to find his laughter, at least judging by today's standards of humor as opposed to ecstatic laughter. The humor-wit of today is more subtle resentment than a true sense of laughing-happiness-ecstasy.

Another quality of the ecstasy counsellor will be the ability to dance, to freely let go of his body to the rhythm of the music of wind or stream. Also, of course, he will be able to listen closely to his own biologic rhythmical music

Another *way* of the ECSTASY COUNSELLOR will be to sing, mind you, not follow notes, but to sing in the sense of letting go of his voice fully and richly and without force. He may be able to play a musical instrument, not likely defined by the kinds we have now, but one of his own creative invention of simplistic quality and sound production that will express his own vibrational rates. He will truly be able to celebrate life.

The ecstasy counsellor will emit a vibrational rate — a state that will go with a sense of inner peacefulness and a harmony with his worldly-nonworldly environment. In another sense he won't project his vibrational rate on others but will allow his vibration to nurture and be nurtured by the vibration rate of the other person without

any attempt at changing the other. He will live harmoniously in the *now* with himself and others.

The ecstasy counsellor will be a visible process of identity formation-dissolution-formation, rather than an identity of here-I-am-for-ever, a strong ego to bump questions off and get advice from. More succinctly, he will enable people through his *being* to go beyond static ego formation by staying in touch with the *process-of-being*.

Where did he come from?

### ECSTASY COUNSELLOR\*

He's a psychedelic recluse  
With energy to infuse  
Us to touch our soul.  
Ecstasy counsellor.

He's our spiritual advisor  
Who has let go of history  
To help us understand the mystery  
Of being in this world.

Chorus

Be here now.  
You got to know  
How to be here now  
Right now.

He came up through the ranks  
Of sensory deprivation tanks  
And emotional explosions.  
Ecstasy counsellor.

He let go of words  
To find a world beyond  
In the oceanic pond.

Chorus

He had some therapy  
Of Gestalt and bioenergetics  
And understands the language of polarity, poetics.  
Ecstasy counsellor.

He got hooked up on yoga  
To understand the Buddha,  
Christ, Sufi, and Tai'chi.

\*This needs music to get the flow of rhythm together.

Chorus

He's had a little mysticism  
And learned to talk with animals,  
The human and the cannibals.  
Ecstasy counsellor.

He's learned to dance and sing  
And to let go of his ego  
To find a creativity-flow.

Chorus

He can help you be ecstatic  
By being with you now  
And showing you the how.  
Ecstasy counsellor.

He'll find your energy source  
To let go of remorse  
And admit you to the now.

Chorus

He'll probably touch your anger  
Pointing out what you avoid  
And by doing so take you to the garden of the void.  
Ecstasy counsellor.

When all the chips are in  
He'll have taught you that a sin,  
Is nothing for to fear.

Chorus

He'll say, don't be perfect before your time  
But do your work  
And take your place in line.  
Ecstasy counsellor

All in all and here in now  
He'll have taught you how to die  
To be reborn in your own mind's eye

Chorus

He's your ecstasy counsellor,  
Coming after Orwell's '84  
Chanting OM MANI PADME HUM.  
Ecstasy counsellor.