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REVIEWES

ADOLESCENCE: SOME CRITICAL ISSUES

By John J. Mitchell. Toronto: Holt, Rinehart & Winston of Canada Ltd., 1971. Pp. 153. \$3.20.

Reviewed by Heleen J. Masciuch,
University of Alberta.

This is an essentially theoretical and very readable book in which Mitchell touches mainly upon the areas of Adolescent Sexuality, Alienation During Adolescence, Drugs and the Adolescent, and Healthy Behavior. Mitchell shows his bias toward humanism throughout the book and he has tried to cover some vital areas which have been noticeably absent in texts on adolescence in the past. This he has done quite well, although this reader felt it unfortunate that he did not go into an even broader discussion of these areas. However, this is also part of the strength of this book — due to its brevity and loose style, the reader tends to continuously think and reflect more deeply about the subject, tending to make a few hypotheses on his own.

The feeling that Mitchell seems to understand and care about adolescents comes through the book many times.

This book is useful for light reading on the subject of adolescents, or for an undergraduate psychology course dealing with this area.

VOCATIONAL GUIDANCE AND CAREER DEVELOPMENT
IN THE SCHOOLS

By Edwin L. Herr and Stanley H. Cramer. Boston: Houghton Mifflin, 1972. Pp. 356.

Reviewed by William E. Schulz,
Queen's University.

Herr and Cramer's explicit objective is to further vocational development. By carefully explaining the stages of their systems approach to vocational guidance, they succeed in stimulating the reader to redouble his efforts to institute an effective vocational guidance program in his school.