LAWRENCE BEECH. Glendon College, York University, Ontario.

## WHAT TURNS ME ON — AND OFF!

(as a Counsellor-Person)

I find myself between **HOPE** and Despair and very aware of each, and this experience is becoming clearer to me as integral in being alive and human

What turns me on is the increasing sense of solidness I have inside myself — about my skills — my professional competence — counselling processes that are effective

> and especially my own sense of worth to myself - and in relationship to others.

It is within this context that a basic religious stance has become meaningful to me. Theological words that a long time ago became

anachronistic

- and sterile

Also the church as an institution

But I am experiencing with persons a sense of Hope and Joy — The Discovery of Life (even in the painful empty-agony of depression).

What turns me on is seeing people come ALIVE — and myself being a part in that process!

— who were blocked

— at an impasse

— Dead Ended

And so a Resurrection Process makes sense to me as a way of looking at this phenomenon.

And also a profound sense of the HELL in which quiet people lead their desperate lives . . .

My greatest satisfactions: To see, experience, respond to the Christ in every man the aliveness and potential in

the lives of the Janes and Johns with whom I am in relationship.

And a

lies for me in the area of

Counterbalance **STAGNATION** 

FEAR of

and Failure

and perhaps the ultimate irrelevance and uselessness of all this — counselling theory — and practice

This has centred for me in the failure to be an effective change agent in the midst of an educational institution. And I know in my head that the Internal Change Agent from an Organizational Development point of view faces a tough task:

— to sell — and exert influence from within an organizational system

At the same time, why aren't such basic issues as:

—The Education of the whole

—The Search for Selfhood

—the importance of Social and Emotional Growth in Persons

just as obvious to my colleagues in History — Economics — and even Psychology as they are to

me ? ?

At this point in my life, the End Result is . . . that I feel very, very HUMAN There is little fantasy time for SuperMAN, for around

the

corner

I can experience myself as a (mite)

There is a sense of Reality in continuing Awareness that I am Human . . .

. . . STRONG

and

. . . weak

. . . and that's O.K., too!

It's the Reality in BEING ALIVE and Owning MYSELF AS A PERSON

—human person

—in Counselling