

Hollywood productions. Hence, their expectation level is high—so high that if confronted by this program the possibility of boredom could likely be high. Some of the narrators used in the ESP may have fairly good speaking voices, but they soon visually lull one into the world of day dreams as they are shown lethargically reading their scripts. The creative moments of role playing and mime are excellent, but alas, they are too few and far between to keep the level of interest high. On the positive side, videotapes lend themselves with ease to individual or group use without the necessity of having a counsellor present. In light of the colossal work loads that confront many counsellors, this aspect is a definite plus. It would also appear that these tapes (in whole or in part) could be easily combined into job search workshops, seminars, and so forth—a combination which may serve to glean from this program the valuable information it contains while overcoming the problem of boredom. In this way practical exercises in writing resumes, doing job searches, and so forth, could be incorporated to increase the effectiveness of this program. Furthermore, in so doing one weak area of the ESP could be strengthened, namely its self-assessment procedure. The method employed by this program is primarily one of listing (for the purpose of self reflection) numerous factors that relate to work—the task, the working conditions, and the individual's qualities. While this procedure does indeed focus one's attention on the complex nature of the world of work, perhaps it would be more valuable to the student to supplement this with the use of some of the standardized interest tests available (for example Super's Work Values Inventory and the Strong-Campbell Interest Inventory). In this way the student could be aided in formulating a sound, and perhaps a more complete self analysis which, for many, would otherwise be a difficult task.

In the final analysis I see this program as having the potential for being a valuable counselling tool in a vitally important area—the area of vocational counselling for university and other post-secondary school graduates. Unfortunately, in a time when many institutions are having to tighten their purse strings, the \$400.00 price tag attached to these videotapes is perhaps an important consideration for many. Are the *Employment Search Program* videotapes worth this much? When one looks at alternatives, such as the "Creative Job Search Technique" films which are available on a free loan basis from Canada Manpower, perhaps the answer would be a simple 'no'. While the CJST films are not without fault, and they are not specifically designed for graduates from post-secondary educational institutions, they do cover the same

information and may keep you within your budget for this year. If, however, budget matters are not of great importance, you may find these tapes to be a valuable addition to your counselling center as resource materials, materials to be used by individuals or small groups on their own, or as part of a program to help graduates find a job.

*It Couldn't Happen to Me*, Office of Audio Visual Services, University of Guelph, Guelph, Ontario, sound color film (28 min.). Available in 16 mm (\$285.00) and videocassette (\$245.00). Rental fee \$30.00.

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*It Couldn't Happen to Me* includes comments by medical personnel and educators regarding teenage sexual behaviours, as well as informal discussion by teenagers about their lack of birth control practices and resultant pregnancies.

It is suggested that among the reasons for lack of teenage use of available contraceptive methods are: lack of ability to communicate with parents and educators, reluctance to consult a physician, ignorance as to methods available, and guilt associated with planned birth control and sexual activity as opposed to spontaneous relationships.

Despite the increase in variety and availability of contraceptive methods, teenage pregnancies are on the increase in both rate and total numbers.

One group of pregnant teenage girls discuss their reasons for not using birth control and whether they will do so in the future. Another discussion, that includes teenage boys, centres around who is responsible for contraception.

Mention is made of the moral issues, but overall the comments focus on knowledge and general attitudes of the teenagers involved.

I would have liked the presentation to include comments from teenagers who use birth control on a regular basis, to provide a positive role model for that behaviour.

The material in this videotape would be useful to stimulate discussion in counselling or educational programs for teenagers and parents.