

ABOUT THE AUTHORS

D. DONALD SAWATZKY

Don Sawatzky is Professor and Co-ordinator of the Counselling and School Psychology Area in the Department of Educational Psychology, and Director of the Counselling Centre in the Faculty of Education Clinical Services, University of Alberta. He is also the current Alberta Director for the Canadian Guidance and Counselling Association. He obtained a Ph.D. degree in counselling psychology from the University of Alberta in 1969. Previous experience included teaching at both the elementary and high school levels. Don's current interests include group and family counselling and the applications of Transactional Analysis theory. He has offered numerous workshops to professional as well as lay groups in both of these areas. A current research interest is that of evaluating the effectiveness of alternatives to institutional placements for "delinquent" teenagers.

LYLE E. LARSON

Dr. Larson is a social psychologist, an associate professor in the Department of Sociology, University of Alberta. His main areas of interest are marriage and family relationships. He has written two books including *The Canadian Family in Comparative Perspective* and numerous articles, the most recent of which have emphasized perception in families.

JENNEFER FRASER

Ms. Jennefer Fraser is an M.A. candidate in the Department of Sociology, University of Alberta.

MARG CSAPO

Marg Csapo received her B.A., B.Ed., M.Ed. from the University of Toronto; M.A. from the University of San Carlos, Ph.D. from the University of Kansas. She taught emotionally and socially maladjusted children and youth in Toronto. Presently she is involved in teacher preparation as associate professor in the department of special education, University of British Columbia. Her research interests lie in improved parenting, social and educational habilitation of educationally handicapped and disturbed children and youths, teaching competencies in the education of autistic children and self-modification of behaviour.

JOHN FRIESEN

Dr. John Friesen is a Professor in the Department of Counselling Psychology at the

University of British Columbia with specialization in *Family Counselling and Therapy*. His previous work includes teaching junior and senior high school students, counselling in high school and prison settings, supervision of Counselling Services, Department of Education, Government of Alberta, External Evaluator, Canadian Penitentiary Service, and director of several major research projects, including "An Assessment of Family Needs in B.C." sponsored by the Government of British Columbia. He has published some 30 articles and has presented papers at national and international conferences.

FRANK VAN HESTEREN

Frank Van Hesteren is a member of the Department of Educational Psychology in the College of Education at the University of Saskatchewan in Saskatoon. In addition to his experience as a teacher and counsellor educator at the university level, he has had experience as an elementary school teacher and counsellor and as a counselling psychologist in private practice. While an elementary school counsellor, Frank extensively used the Adler-Dreikurs model in consulting with teachers and in the context of working with parents on an individual and group basis. He is currently involved in the training of prospective counsellors and teachers in the use of the Adler-Dreikurs approach in the school setting.

EDNA NASH

Edna Nash, currently a half-time elementary area counsellor in Vancouver, a visiting lecturer for the University of British Columbia and a consultant in teacher and counsellor professional development and family educator, received her B.Ed. and M.Ed. degrees from the University of British Columbia following her return to teaching in 1956. She has been an elementary and secondary teacher and counsellor, a secondary counselling department head, Democratic Education Model Project Coordinator in a secondary school and a visiting lecturer for family counselling and classroom management. Always actively involved in professional organizations, she is a founding member of the B.C. Association of Adlerian Psychology, on the Board and Faculty of International Committee for Adlerian Summer Schools and Institutes and since 1974 has served on the North American Society of Adlerian Psychology. The mother of a grown-up family, she also enjoys the role of grandparent to three grandsons.

MARIE-LOUISE ABRIOUX

Marie-Louise Abrioux (née van Lieburg) received a B.A. in Psychology in 1971 and a High Honors in Psychology in 1973 from the University of Saskatchewan (Regina Campus). In 1977 she received an M.Ed. in Counselling Psychology from the University of Alberta. As a certified psychologist Lou has been employed as the Intake Worker for the Faculty of Education Clinical Services at the University of Alberta. She is currently serving as Managing Editor of the *Canadian Counsellor* and is a psychology instructor at Grant MacEwan Community College in Edmonton.

HARVEY W. ZINGLE

Harvey Zingle is currently the Chairman of the Department of Educational Psychology at the University of Alberta, previously having been Co-ordinator of the Faculty of Education Clinical Services at that university. He is the senior author of five books in counselling and related topics. Dr. Zingle has served as President of the Psychologists' Association of Alberta and as Alberta's Representative on the Board of Directors of the Canadian Guidance and Counselling Association. He is currently serving as Editor of the *Canadian Counsellor*.

WESLEY J. ADAMS

Dr. Adams is professor of Family Studies, Faculty of Home Economics, University of Alberta. He received his doctorate from Oregon State University in Family Studies. In addition, he has specialized training in Marriage and Family Counselling from the University of Minnesota. As a certified psychologist, Dr. Adams maintains a private practice in marriage and family counselling.

JANET BEREZOWSKY

Janet Berezowsky is currently completing an M.Ed. in counselling at the University of Alberta. She has a B.S.N. and a B.A. from the University of Saskatchewan. She worked in psychiatric nursing for seven years prior to commencing her graduate work.

BLAKE G. FORD

Blake Ford is the Supervisor of Staff Development and Program Inservice at the Professional Development Centre, Burnaby, B.C. He obtained his Ph.D. degree in counselling psychology from the University of Calgary in 1974. Blake finds his work both exciting and challenging. He is currently interested in the application of competency-based education and the mastery learning model to the inservice development of all persons involved in the helping professions.

LLOYD W. WEST

Lloyd West is an associate professor in the Department of Educational Psychology at the University of Calgary. He obtained his Ph.D. degree in counselling psychology from the University of Alberta in 1968. Lloyd is currently interested in exploring the implications of sociobiology, systems theory and attribution theory for group counselling and psychoeducation. His previous research has focussed largely upon the self-disclosure and the communication patterns of adolescents.

J.W. VARGO

J.W. (Jim) Vargo graduated from the University of Alberta with an Honors B.A. in Psychology (1968), an M.Ed. in Counselling (1970), and a Ph.D. in Counselling (1972). From 1972-1975, he taught in the Psychology Department of John Abbott College in Ste. Anne de Bellevue, Quebec, and was a chairman of that department from 1974-1975. For the past three years Jim has been employed full-time in the Occupational Therapy Department of the Faculty of Rehabilitation Medicine at the University of Alberta where he teaches courses in research design, systems of psychotherapy, and the psychological aspects of physical disability. Other areas of interest include assertion training, rational-emotive therapy, and the history of psychiatry. He is presently engaged in research on the application of principles of counselling psychology to rehabilitation medicine, and psychological factors affecting adjustment to physical disability.