

ABOUT THE AUTHORS

R. VANCE PEAVY

Vance Peavy is an associate professor at the University of Victoria where he teaches both undergraduate and graduate courses in counselling and where he is stimulator of graduate study in counselling. His chief interests include creativity and the development of adult counselling theory and methods. The Mutual Aid Counselling model is an example of his current theoretical work.

MARIE-ANDRÉE LINTEAU

Marie-A. Linteau has an M.A. in counselling psychology from the University of Laval. Marie has taught and led personal growth groups in Quebec City and in Vancouver B.C. During the Winter of 1976-77, she was an academic assistant to Dr. Peavy at the University of Victoria and worked on the Mutual Aid Counselling project including translation of Mutual Aid Counselling materials from English into French. At present Marie is working as a psychologist at the College of St. Jerome, near Montreal.

PETER MEUSER

Peter E. Meuser was born in Wuppertal, West Germany on January 25, 1951. He received the Bachelor of Arts degree in Psychology from the University of British Columbia in 1973. The title of his thesis was *Visual Cues and Word Association Effects on Learning*. He received the Master of Arts degree in Psychology from the University of Ottawa in 1975.

CHARLES McINNIS

From 1955 to 1969 Dr. McInnis was an applied research officer in the Royal Canadian Air Force and the Canadian Forces respectively. He completed his Ph.D. in Psychology at the University of Ottawa in 1972 and is presently Program Director, General-Experimental Psychology in the Faculty of Psychology, University of Ottawa. The manuscript was based on a Master's thesis by the first author under the direction of the second author.

WILLIAM GLASSER

William Glasser studied medicine at Western Reserve University Medical School and psychiatry at the University of California and Veterans Administration in Los Angeles. While consulting for the California Youth Authority, he developed the ideas for his first two books, *Mental Health or Mental Illness?*

and *Reality Therapy*. In 1965, he began working in the public schools and since that time he has established the Institute for Reality Therapy and its educational division, The Educator Training Center. Dr. Glasser also has written *Schools Without Failure*, *The Identity Society* and, most recently *Positive Addiction*. His articles have appeared in a number of periodicals and his major books have been translated into several languages.

JUDY H. KATZ

Judy H. Katz received her Ed.D. degree in Educational Psychology from the University of Massachusetts in 1975. She is currently Assistant Professor of Human Relations at the University of Oklahoma in Norman. Judy is especially interested in the implications of racism and sexism for counselling. She is now preparing a systematic training manual on racism which she expects to have published this Fall.

ALLEN E. IVEY

Al Ivey is Professor of Counseling and Mental Health Administration, School of Education, University of Massachusetts, Amherst. His A.B. degree is from Stanford University (1955) and Ed.D. from Harvard University (1959). He is the author of over 100 articles and books on counselling and psycho-education. He is perhaps best known for his work in microcounseling — a videobased systematic method of training paraprofessional and professional helpers. He comments that his system of training is used more widely in Canada than in the United States — “perhaps because of a more open view of alternatives to traditional models of helping.”

MARGARET WILKINSON

Margaret Wilkinson is presently a graduate student in the Department of Educational Psychology at the University of Alberta. She is an experienced teacher and school counsellor and is currently conducting research in the area of psychotherapy by somatic alteration.

AARON WOLFGANG

Aaron Wolfgang is a registered psychologist in the Department of Applied Psychology at The Ontario Institute for Studies in Education and University of Toronto. The courses he teaches include “Group work in counselling” and a seminar in “Research and issues in counselling”. His primary research interests

include developing materials and training programs for assessing counsellor effectiveness in cross-cultural communication and the role nonverbal behavior plays in these situations. He has edited a book to be published by Academic Press and O.I.S.E. on "Nonverbal Behavior: Applications and Cross-cultural Implications". He is also editor of the book "Education of Immigrant Students: Issues and Answers" and producer of two award-winning documentary films, "The Italian in Transition" and "Body Language in the Classroom".

DONALD PIERSON

Donald Pierson is a third year Ph.D. student in the Department of Applied Psychology at O.I.S.E. He received his Bachelors degree at the University of North Dakota and Masters degree in Education in counselling at the University of Arizona. His work experience includes being clinical coordinator of community services at the Manhattan Developmental Center in New York City and Head of the Adolescent Psychiatric program at the St. Lawrence Psychiatric Center in New York. His research interests center around self-injurious behavior, autism and EMG biofeedback.

ALAN BOWD

Alan received his M.A. in psychology from the University of Sydney and his Ph.D. in educational psychology from the University of Calgary. He has taught at the University of Manitoba and is presently associate professor with the Division of Psychological Foundations in Education at the University of Victoria.

J. HARVEY HASSARD

Dr. Harvey Hassard is an Associate Professor in the Department of Educational Psychology, Faculty of Education, The University of Western Ontario, London, Ontario. He obtained a Ph.D. degree in Education from Michigan State University in 1976. His previous experience includes administration of Ministry of Education and University Guidance Certification summer programs and secondary school guidance in Ottawa. He has been active in provincial organizations and is now an Ontario Director of the Canadian Guidance and Counselling Association. His interests include counsellor role, career development and community outreach. He is concerned with organizational development of counselling services in the schools.

JAMES W. COSTAR

Dr. James Costar is a Professor and former Chairman of the Department of Counselling,

Personnel Services and Educational Psychology, College of Education, Michigan State University, East Lansing, Michigan. He served as a counsellor and director of guidance in South Dakota before completing his doctorate at Michigan State University. His experience includes Executive Secretary of the Michigan Personnel and Guidance Association and Visiting Professor at the American International University, San Diego, California. Dr. Costar served as Chairman for Dr. Hassard's dissertation committee.

DAVID F. MERCHANT

Dr. David F. Merchant is a psychologist in private practice in Edmonton. He is probably best known for his work in child psychotherapy but a major portion of his practice includes marital and family counselling as well as individual adult counselling.

Dr. Merchant is a Senior Associate in the psychological consulting firm — Canadian Educational and Psychological Consultants Limited. He is the psychological consultant at the Grandin Medical Clinic in St. Albert and he is also the psychological consultant to The Atonement Home — an institutional home for children in Edmonton. In addition to this consulting work, Dr. Merchant is Assistant Clinical Professor in the Department of Educational Psychology at the University of Alberta. Dr. Merchant is also in demand as a keynote speaker and workshop director in the area of education and psychology. His background and experience is in education, community agencies and hospital settings. He was the psychological consultant to the Community Counselling Centre in Fort McMurray and he was a clinical psychologist with the Department of Psychiatry at the Misericordia Hospital in Edmonton. Dr. Merchant is a former school teacher, a former guidance counsellor at both the elementary and secondary level, and has been a visiting lecturer at McGill University in the Department of Counsellor Education. He has an undergraduate and master's degree from McGill University and a Ph.D. in Counselling Psychology from the University of Alberta. He is also a former editor of *The Alberta Counsellor*.

Dr. Merchant has published a number of articles in the area of play therapy, counselling and elementary school guidance. He is currently writing two books. One deals with classroom activities for the affective development of children and the other focuses on counselling young children in play settings.

HARVEY W. ZINGLE

Dr. Zingle is the Coordinator of the Faculty of Education Clinical Services and Professor of

Educational Psychology at the University of Alberta.
He is the senior author of five books:

Counselling in the Elementary Schools in the Decade Ahead - 1972

Personalizing Decision Making

Decision Making

A Handbook for Beginning Counsellors

Activities For Classroom Teaching; Primary School Teachers Aid For The Remediation of Learning Disabilities

At present he is the Editor of the *Canadian Counsellor*. A couple of years ago he was President of the Psychologists' Association of Alberta. He has served as the Alberta representative on the board of directors of the Canadian Guidance and Counselling Association.

During the past several years he has held consulting positions with the Misericordia Hospital and with the Diagnostic and Treatment Centre.

Before taking a position with the University of Alberta, he was a teacher and administrator in several Alberta schools.