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## Editors Have the Last Word (in Print)

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### **Dr. Myrne Nevison**

Founding Editor—June 1967 to June 1975

*(Tribute written by Dr. Bill Borgen)*



An issue of *The Ubyyssey* (Tuesday, October 26, 1965) reported that Myrne Nevison had been “elected to the first national board of directors of the Canadian Guidance and Counselling Association” (CGCA) (retrieved July 8, 2009, from [http://www.library.ubc.ca/archives/pdfs/ubyssey/UBYSSEY\\_1965\\_10\\_26.pdf](http://www.library.ubc.ca/archives/pdfs/ubyssey/UBYSSEY_1965_10_26.pdf)). This occurred at the founding meeting of CGCA, the predecessor to the Canadian Counselling Association, and now named the Canadian Counselling and Psychotherapy Association (CCPA). In 1965, she became president of CGCA. Myrne was born in Calgary, Alberta, on December 2, 1916 and passed away on December 17, 2006. She remained unmarried after her significant other became a casualty of the battle over Britain in World War II.

Myrne Nevison was a Professor Emerita of Education in the Faculty of Education at UBC. Her long relationship with UBC started in the 1930s when she enrolled in the Bachelor of Arts program. After completing her undergraduate degree in 1939, she went into the teaching program and completed it in 1940. Her teaching career began at a Burnaby high school where she also coached field hockey, track and basketball teams.

In 1953 she pursued a master’s degree in counselling psychology at the University of Minnesota. Her master’s thesis was so well received that she was granted a Ph.D. instead. In 1960 she came back to UBC as an assistant professor in the Faculty of Education and advanced to the rank of full professor within a few years. In the mid 1960s she initiated one of Canada’s first graduate programs in counselling. In 1980 she became Head of the Department of Counselling Psychology and held this position until her retirement in 1982.

During her tenure at UBC, Dr. Nevison became involved in policy development for the Liberal party. In 1971, she was selected BC policy chair. Pierre Trudeau became an admirer of her work. Her policy recommendations to improve the training of vocational counsellors were later accepted at a national Liberal convention.

The UBC Faculty of Education is honoured to celebrate the life and work of Dr. Myrne Burdett Nevison and established the Myrne B. Nevison Professorship in Counselling Psychology at UBC.

**Dr. Harvey Zingle**

Editor—October 1975 to July 1981

*(Tribute written by Dr. John G. Paterson)*

Harvey Zingle passed away on December 16, 2007. One of his many accomplishments was his dedication to the *Canadian Journal of Counselling* (then *Canadian Counsellor*); he served as editor from October 1975 through July 1981.

Harvey was in attendance at the Canadian Counselling Association's (CCA) first national conference in Québec City in 1967. At that meeting Dr. Myrne Nevison unveiled the first issue of our journal, and Dr. Zingle remained associated with this journal for the next four decades. One of his primary interests had to do with research and publication. Many of his former students followed his lead and continued to present at conferences, as well as publishing research findings in CJC and throughout the world.

At our first national conference, Dr. Zingle proposed the next meeting should be in the West, and he served as co-chair at the following conference in 1969 in Edmonton. The successful gathering was instrumental in fostering a strong national bond for this fledgling association.

Harvey's association with the CCA was closely intertwined with his own personal and professional life. In 1965, he became Director of the Counsellor Education Program at the University of Alberta. He also consolidated all clinical services within the Faculty of Education at the same institution. Under his tutelage the program dealing with counsellors at the graduate level quickly became the largest in Canada. Harvey personally taught and mentored at least 10 CCA past presidents from several different provinces. He also positively influenced countless other past and present directors and association members.

Harvey's relationship with the CCA remained constant all his life. He represented Alberta on the board of directors and served as chair of the National Research Committee. He was always "on call" to serve when needed. His help was frequently requested in conjunction with the Awards Committee. On several occasions he served as an outside appraiser during evaluations of counselling programs across Canada. Many of our members had contact with Dr. Zingle in yet another role as he also has acted as an external examiner for PhD students in at least seven Canadian universities.

Dr. Zingle pursued many different directions in his brilliant career and was honoured by several groups and associations. On May 26, 1989, he was awarded an honorary life membership in the Canadian Guidance and Counselling Association (CGCA). By coincidence, in the same year, he received his fellowship in the Canadian Psychological Association. He also received the prestigious Presidents Award from the Psychologists' Association of Alberta and was made an honorary life member of the Alberta Teachers' Association's Guidance Council. This author



was informed by a CCA past president that although Harvey was an honorary life member of the association, he continued to pay his dues, conference fees, and so on for the rest of his life.

There are so many facets to this man's career that it is difficult to determine his greatest areas of strength. I personally believe, though, that he would like to be remembered as a man who worked overtime to help, to teach, and to care about his students and clients. Approximately half of all the presidents of the Canadian Counselling Association over the past 40 years were students of Harvey Zingle at one time or another. While working with graduate students, Harvey always made it possible for them to attend conferences, get published, and meet giants in the educational field. It is a huge tribute to Harvey that students he supervised and/or taught have taken leadership roles in just about every university in the country. Some years ago many of his former students came together to independently start the Harvey Zingle Scholarship, now awarded every year in the Department of Educational Psychology at the University of Alberta.

Research thrusts were always in the forefront of "things to do" for Dr. Zingle. In his annual reports there are examples of successful applications for research funding every single year. During his time with us, Harvey wrote several books, many monographs and book chapters, as well as literally hundreds of articles for refereed journals. Another of Harvey's strengths was his ability to work with colleagues. With his research funding and scientific articles, it is amazing how many times he collaborated with students, colleagues, and associates from educational fields within and outside his university. He frequently attended and presented at educational, counselling, and psychological conferences throughout the world.

Harvey leaves behind his wife of 45 years (Donna), plus his three children. Both Donna and Harvey's daughter Sheree (Rankin) are well known for their own work in the counselling field. Dr. Zingle was a mentor, colleague, and personal friend of the writer for well over 50 years. His influence remains and can be seen by the success of both our association (CCA) and our journal (*Canadian Journal of Counselling*). Thanks to Dr. Kevin Alderson for allowing me to take a short trip down memory lane.

### **Jacques Perron**

Editor—October 1981 to October 1984

From 1981 to 1984, after Myrne Nevison and Harvey Zingle, and before Vance Peavy, Rey Carr, Max Uhlemann, Vivian Lalande, and Kevin Alderson, history decided that a French-speaking psychologist would fill the position of editor of the *Canadian Counsellor*, later to become the *Canadian Journal of Counselling*.

I clearly remember meeting with Harvey Zingle in Edmonton to get acquainted with the implications of the new role and



functions. When Harvey told me that I had to attend the meetings of the Board of Directors of the Canadian Guidance and Counselling Association (CGCA) and report on the publication projects planned, the budget, and the budget estimates for the production of the *Canadian Counsellor*, my first reaction was “rebellion against limitations imposed on my freedom of expression.” I changed my mind when Harvey revealed to me that the annual cost of producing the *Canadian Counsellor* at that time was almost half the budget of the CGCA! Nevertheless, at my first meeting with the members of the Board, I made a motion asking for complete editorial independence in the journal content, thus reiterating an existing tradition.

I wish to express my deep gratitude to my colleagues and friends Conrad Lecomte and Florent Dumont; as associate editors of the French and English sections of the journal, they provided unfailing co-operation and sage advice on decisions to be made. My thanks also go to two others who worked closely with me, providing high-quality interpersonal presence and professional skills: Noëlla Laferrière and Dominique Spahn.

I still have a lasting memory of the editorial team’s astonishment when we saw the proofs of the first issue to be published and noticed that hyphenation in the English texts was all according to French style (e.g., psy-cho-lo-gy) and thus inconsistent with English usage (e.g., psy-chol-o-gy). To avoid delaying publication of the issue and not go over budget from the start, we decided to publish the issue as it was, adding “errata” on the very first page.

Two of my goals as editor were to enhance the bilingual character of the journal and encourage the publication of articles in French. I humbly believe that I have achieved those goals, and in 1985 the CGCA showed its gratitude by awarding me the Robert Langlois Award for bilingualism. I think that I also showed concern for the quality of the publication, proposing standard criteria for manuscript evaluation, which are still in use today, with a few changes. Annual statistics on the submission, evaluation, refusal, and publication of manuscripts have probably also contributed to defining the level of the Journal and recruiting a growing number of authors, the majority from Canada, but also from other countries.

Among the most gratifying accomplishments, I still enjoy the memories of encouraging two students in counselling psychology at Université de Montréal to apply for the CGCA award for university productions. In 1984, Louis-Georges Castonguay’s master’s thesis received honourable mention and, in 1985, Stéphane Sabourin’s doctoral thesis was awarded a prize. This early recognition of their talent remains unchallenged to this day; they have both distinguished themselves in their careers as professors, researchers, and practitioners: Castonguay at Pennsylvania State University (see Castonguay & Hill, 2006) and Sabourin at Université Laval (see Wright, Lussier, & Sabourin, 2008).

In 2003, I became an honorary professor, when I retired from the Université de Montréal. Since 2002, my work has been in positive psychology, dealing with

well-being and psychological health. Following a study of a sample of 495 employees from a public organization in Quebec, with the help of a team, the measurement instruments were integrated in software (Bien-Être Santé Travail; BEST) that allows the administration, correction, and analysis of reports interpreted for psychologists and clients. In the past five years, 391 employees of the public organization have participated in the well-being and psychological health report program (BBESP). This program involves two appointments: a first 45-minute appointment to answer a computer-based questionnaire and a second 90-minute meeting with a counselling psychologist to ensure a detailed understanding of its meaning (Great Shape; Good Shape; Poor Shape; Bad Shape). In addition to these interviews, each year employees who have had appointments have an opportunity to evaluate their participation in the program in terms of the invitation modalities, quality of the interaction with the psychologists, and preventive effects—both perceived and experienced. The psychologists also evaluate a set of attitudinal and behavioural characteristics demonstrated by the client during the interview. Since 2003, theoretical and empirical aspects of the BBESP have been the subject of presentations at national and international conferences. Reviews can be found at <[www.valergon.com](http://www.valergon.com)>.

In writing these comments, I realize that the results of some of the evaluative research could be the subject of an article to submit to the Canadian Journal of Counselling!

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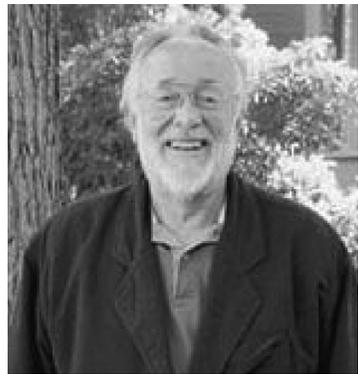
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### Dr. R. Vance Peavy

Editor—January 1985 to October 1987  
(technically on leave from January 1988  
to May 1988).

*(Tribute written by Dr. Marie Hoskins and  
Dr. Anne Marshall)*

While Professor Emeritus at the University of Victoria, Canada, Vance died suddenly on July 1, 2002. He was 73 years old. Born in rural Colorado in 1929, he completed his doctoral education at the University of Oregon. He moved to Canada in 1967, joining the faculty at the University of Victoria. There he founded the graduate program in counselling psychology. During his career Vance supervised 16 PhD students and over



100 master's students. He also published more than 100 articles as well as several books, book chapters, and professional videos. After his mandatory retirement from UVic in 1994, Vance continued writing, teaching, and contributing to counselling in Canadian and international contexts. In fact, in the week before his sudden death, he had served on a graduate student committee, been a keynote speaker at an international conference, and received yet another award for outstanding contributions to human science research. In our continuing respect and appreciation for Vance, we find this exciting time of transition for the journal a wonderful opportunity not only to reflect on his contributions but to reiterate his vision for the future of counselling.

Both of us have had the pleasure of working with Vance for several years. Marie first knew him as a student, then a research associate, and eventually a colleague, when they co-supervised students. Vance became a very special friend. Together they worked on constructivist ideas, produced training videos, attended conferences, and planned to write together. Unfortunately, just at the peak of his career, Vance's heart gave out. Anne first met Vance in 1980, just before she moved to Victoria. She was attending a conference at the university and went knocking on doors, looking for work. In the Faculty of Education she met Max Uhlemann, who introduced her to Vance. In his inimitable style, after a brief conversation about experiences and interests, Vance hired Anne on the spot to teach a counselling course in Cranbrook, BC. First as her mentor, then as a colleague and friend, Vance was always generous with his time, offering support, encouragement, challenge, and guidance. When UVic began to offer off-campus graduate counselling programs to practitioners in their own communities, Anne and Vance shared many ideas and stories during long hours in planes, airports, and hotels all over BC.

Vance became editor of the *Canadian Journal of Counselling* in January 1985. His commitment to scholarly excellence influenced colleagues and students alike. We would often see him late at night in the journal office, writing, editing, revising, and corresponding at length with authors. Vance was particularly encouraging to new scholars and graduate students who submitted manuscripts. The counselling program and the University of Victoria benefited greatly from his leadership with CJC—it remained at UVic until 2003, under subsequent editors Rey Carr and Max Uhlemann.

It would be difficult to imagine any Canadian counsellor who has contributed more in the area of career counselling than Vance Peavy in light of his teaching, research, and practice. He embodied that quality about which he wrote so elegantly: the profound opportunity human beings have to construct meaningful lives for themselves. Passion, commitment, and engagement were aspects of human experience he truly embraced and fostered in others. When Vance was nominated for a well-deserved teaching award, over 100 letters were sent in by students who wrote about the influence he had had on their lives. Many of those students are now in faculty positions across Canada, and his ideas continue to shape how it is we intervene in others' lives. In recognition of his contributions, the R. Vance Peavy Memorial Fund was established through the Canadian Career Development

Foundation to continue Vance's legacy of innovation and scholarship in career counselling research, writing, and practice.

Before Vance died, Marie had the opportunity to interview him about his hopes and dreams for the future in terms of counselling practice. One hope was that we could rely on better theories in order to understand people's lifeworlds, or what he referred to as their *lifespace*. Selves are not singular, he argued, but multiple in that we consist of a multitude of streams of experience. Rather than thinking of an adult as a maturing inner child, it is better to think of a person who embodies several streams of experience (for example, mother, daughter, physician, or friend). As a narrator, a person can pull all of these streams together to create a unique tapestry of life. Vance never underestimated the challenge of being the author of one's life. As he once said: "We are always pushing forward at the boundaries of our personal world; sometimes we make big steps in a hurry and at other times it takes years."

Vance also believed that we have got to stop thinking of people as pieces of fabric that can be cut up by different professionals. People are living, breathing, holistic beings that do not fully thrive by compartmentalizing various aspects of their lives. Leisure, play, love, passion, work, and spirit all need to be brought into the counselling session if we are going to be helpful to others.

Vance wanted to see psychologists, counsellors, and all human service practitioners get over trying to develop an objective stance towards people. Professionals need to get better at observing themselves, not others, he said. We all need to be able to be more self-reflective. The most important thing a professional can do is to present a human face, not a remote professional stance. He went on to say that this more humane stance could change the nature of the profession, and as far as he was concerned this would be a vast improvement. Professionals should never alienate themselves from everyday life and the people they serve.

Vance also urged counsellors to broaden the scope of the theories we use in our practice. For too long we have been overly reliant on psychological literature instead of using sociology, philosophy, and other disciplinary knowledges to inform our work. Notably absent are literary models and metaphors that have the potential to illuminate the human condition. Vance firmly believed that our pseudo-scientific stance has not been good for us as a profession. This is not to say that Vance was anti-science, but he strongly believed we need to get over the idea of scientist as practitioner because this metaphor further alienates us from helping people become experts in their own lives. We need to use cultural artifacts and cultural practices and introduce philosophical reasoning into our work. His book, *Sociodynamic Counselling: A Constructivist Approach to Meaning-Making*, published posthumously, continues to be used in counselling programs throughout North America.

Vance once said that a life should never be judged by its length but by how it was actually lived. He lived a rich and generous life that has left all of us wiser, more compassionate, and inspired. Hopefully, his spirit, along with others who contributed so much to the journal, will continue to thrive.

**Dr. Rey Carr**

Editor—January 1988 to January 1992  
(Acting Editor from January to May 1988)



When I recall my years as editor of the *Canadian Journal of Counselling*, I regret to say I cannot recall any of the hundreds of manuscripts I read or any of the articles we edited and published. However, I do remember vividly the people I worked with and the joy and challenges we faced publishing a journal.

My colleague, friend, and mentor Vance Peavy asked me to join the editorial team partly because we shared the same sense of humour about academic writing and also because we shared a passion for communicating with counselling practitioners. My area of expertise was in peer assistance (then called “peer counselling”), and Vance was quickly becoming a worldwide authority on sociodynamic counselling, a field that he created and named.

We also shared a passion for counsellor education, and in our role as faculty members at the University of Victoria, we travelled across Canada meeting with other university counsellor educators to share stories, establish relationships, and participate in conferences. Consequently, we got to know many of the people who were likely to or could be cajoled into submitting high-quality manuscripts for publication in the journal.

It was Vance’s unflagging determination to achieve elegant yet simple written communication that had the greatest impact on me as an editor. While it might sound easy to do, writing in this way was a very difficult task, and it typically wasn’t the style of most of the manuscripts we received for publication. Vance and I found that the best way to ensure such an outcome was from extensive and intensive dialogue with each other, and so we established an essential bond as associate editor and editor.

Stu Conger, former president of the Canadian Counselling Association, was another person who had a great impact on my learning and work as editor. Although not an academic and often skeptical of academics (but with a twinkle in his eye), Stu was an advocate for quality in publications and a great believer in the capabilities of others. His support, ideas, and feedback always made things better. Furthermore, you always knew where you stood. Discussing budgets and brainstorming unique ways to gain financial support for publishing were always open and enlightening. Although he voiced only respect for our journal work, he was a tireless supporter of making sure the articles in the journal were worthwhile and relevant to practicing counsellors.

Relevance to practitioners became a mantra in the journal office. We often would write back to potential authors asking them to strengthen what their research or viewpoint meant to practitioners or why practitioners would care about this article. This often led to debates or annoyance to authors who believed their

status was being challenged by asking them to revise their writing to make it have “simple and elegant” value for practitioners. Some authors even refused to make the changes and consequently did not have their article published in the journal.

No reflection on my time as editor of the journal would be complete or even accurate if I didn’t mention the great work of our editorial assistant, Marnie Stevenson. She helped maintain the continuity of the journal when she worked with Vance, then with me, and later with my successor, Max Uhlemann. Marnie had the wonderful quality of being attracted to detail combined with the tactful ability to let us know what was missing and needed revision. She often acted as the liaison between our edited manuscripts and the printer, and spent hours proofreading, copy-editing, and ensuring fidelity to our style guide. She was also responsible for much of the day-to-day correspondence with authors and reviewers, and often had to use her finesse and tact to remind them of due dates, requirements, and needed changes.

I learned a number of things as editor that served me well as a writer. First and foremost, I learned the importance of writing from your own voice. While most authors were strongly engaged with their topics and research, their writing often failed to communicate that passion. Finding your voice as a writer is not an easy task, but the difference it made in a manuscript, even one about a complex topic, was monumental.

Less experienced contributors, eager to make progress in their careers by publishing in our peer-refereed journal, often had the most difficulty tuning in to their own voice. Their research study write-ups or their topic articles were often cast in the shadow of their supervisor, mentor, or the models from their field. These were often satisfactory, but when they found their own way of speaking through their writing, the quality of their work soared.

We developed a way of asking questions of writers that coached them to find their voice. It was through these questions that I was able to finetune my own writing, often learning from the mistakes others had made. In addition, this type of coaching played a large role in creating my post-editor career in the coaching and mentoring field.

Another thing I learned as the journal editor that helped my writing was being clear about intention. Often the questions we asked of contributors to the journal included: “What do you hope to achieve with this article?” or “What do you hope will happen when someone reads your article?” or “What do you intend for readers to learn?” These questions often led to revisions that gave the manuscript clarity, focus, and flow. Sometimes intention questions led to much deeper discussion about universal life force and our place within the cosmos, and often placed the manuscript within a much larger context. This learning has become a major element when I am doing my own writing and when I am coaching others in their creative work.

I also learned a lot more about deadlines and planning than I wanted to. While moving the journal to being a fully online publication in January 2010 will not eliminate due dates and issue planning, it will eliminate the costly errors that can

come from a print run that produced a journal issue that misspelled an author's name, or left out a key paragraph, or failed to include an entire article, or didn't get printed because of a labour union dispute.

I'm grateful to Vance Peavy and the Canadian Counselling Association Board of Directors for believing that I could do the job as editor. The role turned into one of the most worthwhile activities of my career, and one of the most significant learning opportunities for my own growth as a writer. I'm sorry that Vance isn't still with us so that he could also comment on his editor time, but I'm happy that the CCA is still going strong and will help the journal through becoming an online publication.

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### **Max Uhlemann**

Editor—April 1992 to August 2003

Before retiring, Max was the area adviser of the Counselling Section at the University of Victoria where he taught a variety of graduate courses in counselling. His research interests included competency-based counsellor education and training and paraprofessional training; counselling process research; counsellor schema and clinical assessment; positive illusions of counsellors; stress, trauma, and post-traumatic stress; gender issues in the counselling relationship; ethics education; and moral development in counselling and teaching (retrieved June 25, 2009, from <http://www.educ.uvic.ca/epls/faculty/uhlemann/max.htm>). He wishes all of his past colleagues and friends well and for the journal to continue making a contribution to Canadian counselling!



### **Dr. Vivian Lalonde**

Editor—September 2003 to June 2008

It is easy for me to think of the lyrics (*The Times They Are-a-Changin'*, Sony Music Entertainment, 2009) of my favourite singer-songwriter, Bob Dylan, when reflecting on my experiences over the five years as Editor of the *Canadian Journal of Counselling* (CJC). The commencement of my role of editor was a time of major change for CJC.

It had been housed at the University of Victoria for many years longer than the 11



years that the preceding editor, Dr. Max Uhlemann, worked with CJC. Accepting the role of editor involved setting up an office at the University of Calgary and arranging for the necessary support services, such as a new editorial assistant (Lori Mac) and a means to print and mail each issue (the University of Calgary Press). With stacks of boxes full of manuscript files, correspondence, and archived issues came a new computer, signifying the beginning of a new stage in my life and a new electronic era for the journal.

Although CJC was gradually moving to electronic communications (e-mail) and away from using Canada Post for the management of the manuscript submission and review processes, it became apparent that this was the beginning of a larger transformation. The landscape of scholarly journal publishing was changing profoundly and rapidly, and Bob Dylan captures the essence of what this change meant to the journal when he sang:

Come gather 'round, people  
Wherever you roam  
And admit that the waters  
Around you have grown  
And accept it that soon  
You'll be drenched to the bone.  
If your time to you  
Is worth savin'  
Then you better start swimmin'  
Or you'll sink like a stone  
For the times they are a-changin'. (Dylan, 2009)

A long-term funder of CJC, the Social Sciences and Humanities Research Council, was gradually changing its criteria for funding scholarly journals. More and more emphasis was being placed on journals distributing published issues electronically as a means for better business practices and increased distribution. Publishing online made sense for other reasons, such as (a) less environmental impact, (b) easier access for individuals in developing countries, (c) easier archiving of issues, and (d) the possibility of including different material or media in articles.

By the end of my tenure as editor, CJC was posed to utilize the Open Journal System (Public Knowledge Network, n.d.) software. This software allows online management of the manuscript submission and review process as well as the publication of CJC as an electronic journal.

Along with many changes during my editorship, many important aspects of CJC remained the same. Fortunately, I inherited from Dr. Uhlemann a scholarly journal of high quality that still remains the only bilingual, national, double-blind, refereed counselling publication in the world. There was continued support from the competent Canadian Counselling Association office staff and Board of Directors and a strong Editorial Board. There was also the ongoing submission of high-quality manuscripts from authors along with the many volunteer hours contributed by manuscript reviewers, all of whom I enjoyed getting to know. These

relationships I developed are what I treasure the most from my time as editor and, as counsellors know, provided the support I needed during changing times.

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### Dr. Kevin Alderson

Editor—July 2008 to present

Who are we without a strong sense of our own history? It is, after all, history that creates identity, and history that creates roots. It is remarkably easy to repeat the errors of our forefathers and foremothers, but it is less likely if we know our past. Our history as a counselling profession is also about repeating that which works, the hallmark of a true social science.

It is a great honour to be your current editor of Canada's counselling journal! As I read the tributes and editorials from past editors, I was reminded of the importance a journal has not only in recording history, but also in producing it. It is in publishing articles that our field will slowly advance, while simultaneously a record is kept in archives of where we have been, a record that can last indefinitely. Your work as authors is forever immortalized.

I have been your editor since July 1, 2008, and with continual movement toward becoming an online journal, I am pleased to lead the way into 21st-century publishing. This issue you are now reading is also fully online and this *is* our last print issue! It rightly deserves to be called the "Commemorative Issue," and I hope you will hang onto it as a keepsake.

Other changes for the journal that are already underway are updating the interests for all of the manuscript reviewers and renewing contracts for the editorial board. I am keenly interested in increasing the international reputation of our journal. This is my vision, and my immediate goals are to increase international representation on our editorial board and increase the number of international reviewers. This goal is also underway.

Let me also assure you that our primary mandate will continue to be to publish high-quality Canadian manuscripts. As most of you are aware, I began a new section of the journal (only available online) in July called "The Practitioners' Notebook." This section publishes *your* case studies, and they do not go through the rigorous and sometimes slow peer review process. Instead, I edit them and they



appear in the next issue—relevant, practical, professional, and timely. I hope you appreciate the work of your colleagues, and even more so, I hope you will share your case studies with the rest of us.

I have already developed special memories during my short time as editor, and like my predecessors, it is more about the people I have met than the articles I have read. Much of what is published today is nothing new, but like recycled clothes, they sometimes wear better the more often you put them on. People, on the other hand, are dynamic, constantly shifting and changing—never can they be placed into a box and stamped “finished.”

My hope in having past editors write a piece for this final print issue is that you will see some of their own unpredictability, the diversity within themselves that keeps the rest of us in wonder and awe. You, of course, will be the judge of whether this goal is met. Regardless, it is a chance to “catch up” in the lives of some colleagues that many of you have known throughout the years.

I have been a professor at the University of Calgary for a mere eight years, and although I view myself as someone who still has much to learn, I am quickly becoming a senior member of the division as retirements, secondments, and sadly death have elevated me to this premature status. It is critical that we find meaning and purpose in our lives, and in the case of counselling professionals, it is not a difficult search. What can provide more of what matters than being in a profession designed to help others and that, when working properly, can promote equality for all and social justice for those who remain disregarded, disenfranchised, or otherwise oppressed?

Most of us will never have the enormous impact of Freud, Rogers, Ellis, or Beck, but nonetheless, we may still have a profound impact on people. I learned a long time ago that it only takes one person to change a lightbulb; however, it also only takes one person to change society. Each of us must find our cause and fight for it. It is the one time we feel truly alive, full of every emotion that results from experiencing unshakeable passion. I hope you will see over the next few years that part of my passion is being *your* editor.

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